



St Matthew's Catholic Primary School

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Windsor 2756

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NEWSLETTER WEEK 3

26th October 2017

CALENDAR DATES TERM 4 2017

Oct 26 Thurs.	First Penance Liturgy 7:30 pm
Oct 27 Fri	World Teacher's Day
Oct 30 Mon	Assembly presented by Year 3 2:45 pm
Nov 1 Wed	Kindy Orientation 9 - 11 am All Saints Day Whole School Mass 9:00 am
Nov 2 Thur	All Souls Day
Nov 3 Fri	Parish Dinner Dance
Nov 4 Sat	Whole School Parish/School Mass 6:00 pm
Nov 6 Mon	Assembly presented by Kindy 2:45 pm
Nov 8 Wed	Colour fun run money due Year 1 Parish Mass Stage 2 & Stage 3 League Tag Gala Day, Parramatta Meeting Yr 4 & 5 parents re Stage 3 6:30 pm
Nov 13 Mon	Primary Assembly presented by Stage 3
Nov 15 Wed	Kinder Parish Mass 9:00 am

Target - 90%
average across the
school

Every Learner,
Every Day

**Attendance in the past
fortnight 92.55%**

Dear Parents and Caregivers,

Next week we celebrate All Saints Day and All Souls Day.

We all need heroes and the saints are the spiritual superheroes of the Church. They encourage and inspire us by the quality and courage with which they have lived their own grace-filled lives. Some of us may have our favourite saints we relate to and who inspire us.

There are many great saints of our church known to all of us for various reasons. In times of war and conflict there are saints like Francis of Assisi who remind us of Christ's call to reconciliation. In times of terror and persecution there are saints like Maximilian Kolbe who teach us through their example of quiet courage. Or Blessed Mother Teresa of Calcutta who found richness in poverty and fulfilment in humble acts of service. And of course we have our own saint in Mary MacKillop who has been acknowledged widely for many years in Australia for great work she did with her Josephite sisters for the poor and oppressed.

But Saints are all around us, women and men whose generous spirit reflects the Gospel call to love and serve God and others. Then there are the hidden everyday saints of our daily lives, those who, unknowingly, have inspired us. Some do it by making the ordinary holy through a spirit of simplicity and humility. Some do it by showing extraordinary courage in sickness and adversity. Some do it by railing against injustice and working to bring equality and dignity to all. Everybody knows a quiet saint who will never be canonized but who has shown us something of how to live as a follower of Christ. These are the people whose faith leads them to be generous, kind, patient and full of hope.

During World Youth Day in 2013 Pope Francis spoke about everyday saints. Pope Francis said that these saints don't wear cassocks or veils they wear jeans and T-shirts. He called us all to be saints that are committed to our faith and beliefs but live in the 21st century with a spirituality appropriate to our times. He challenged us all to be saints that advocate for social changes that make our communities fairer and more accepting of others.

All Saints Prayer

***Father, All-Powerful and ever-living God,
we rejoice in the holy men and women
of every time and place.***

***May their prayers bring us your forgiveness and love
We ask this in the name of Jesus Christ our Lord. Amen.***

On Friday 27th October, Australian schools celebrate World Teachers' Day. Every day teachers touch the lives of others in the most profound ways. Teachers' plant and nurture understandings and values that will endure for a lifetime. They create lasting memories. Christ himself was the great teacher and he began his ministry of teaching with those wonderful words at the beginning of the Gospel of St John, 'come and see'. This is the teacher on whom we, as teachers in Catholic schools, are called to imitate, to model our ministry on. Christ the Teacher is the light that illuminates our path and guides the work we follow as teachers. How blessed we are to have teachers at St. Matthew's so committed to the children in their care and who show the face of Jesus each day.

In partnership let us continue to work to develop in the children strong minds and gentle hearts.

Peace and best wishes

Tim Vane-Tempest
Principal

Staffing 2018

As you would be aware we have a number of our permanent staff on maternity leave during 2018. I am pleased to inform our community that we have appointed a number of staff, some of them new to St Matthew's, for the 2018 school year. Miss Chircop (currently working in Kinder and Year 2) and Miss Sant (currently working in Stage 3) will continue with us in 2018. We will welcome the following teachers to our community next year Miss Jacqueline Mortimer, Miss Lauren Schembri and Mrs Vanessa Butchard who will replace Mrs Neave as our Music/Drama teacher. With staff now appointed the allocation of classes for 2018 will be finalised in the next week and will be shared in the next newsletter.

Kinder Orientation Day

Yesterday we welcomed new Kindergarten students and their parents for the first of Kinder orientation visits for 2018.. These visits are a special time for families but can also be a nervous time for others. As teachers it is a great privilege to work closely with children and their families. To see the joy and happiness on the faces of the new Kinders as they took their first tentative steps into Kindergarten is a precious moment for all those involved. The second orientation visit will be on Wednesday 1st November.

Meeting for Year 4 & 5 Parents/Carers

There will be a meeting for the parents of Year 4 & 5 students regarding the Stage 3 class arrangements 2018 on Wednesday 8th November starting at 6:30pm in the Stage 3 space.

Food Allergies

In the early weeks of this term we have had a number of incidents of children sharing food in the playground. Whilst this may appear to be a generous act there is a real concern about children's allergies and the possibility of a severe reaction to foods. To minimize the possible impacts of allergic reactions to foods we encourage the children to eat only their own food, wash their hands after eating and to avoid bringing nut based foods to school. I would ask all parents to support the school and speak with their child/ren about this matter for the safety and well being all at St Matthew's.

Children not returning in 2018

As we approach the end of the year families make decisions about schooling for the coming school year.

We are required to maintain our register of students so that it is accurate for the students who are enrolled at St Matthew's School. If there are families who are not returning to St Matthew's School in 2018 it is important to inform the school, in writing, about your intention.

This assists with the organisation of class and homeroom groupings for next year as well as enrolment enquiries, which we are receiving for 2018.

Remembrance Day Ceremony

We have been invited as a school to attend the 2017 RSL & Schools Remembrance Day celebration. Usually our Primary students would attend this service as part of the school. This year Remembrance Day falls on a Saturday and so children will not be at school to attend. As a school we would like to have a representation at this service and are asking for an indication of families who are planning on attending.

The details of the service are below:

10:30 am	Assemble outside St Matthew's Church
10.55 am	Service begins at McQuade Park.
11:45am	Service concludes

A note was sent home to families last week asking for an indication from those intending to be present. It would be appreciated if these notes could be returned asap.

Bring Your Own Device - Update

CEDP (Catholic Education Diocese Parramatta) has recently informed all schools that iPad minis will no longer be able to be enrolled for use on the school wifi network. iPad 9.7 inch in retina display size must be used as a minimum.

Also please note that IOS 10 and beyond will only be supported on the CEPD network in 2018. Devices that are limited to OS 9.35 such as the iPad, iPad 2, iPad Air (and possibly the iPad Air 2) will no longer be supported. It is important to check that if you are buying a device, so that your child's device is able to get maximum number of years usage as possible.

The reasons for these changes are concerns about the screen size of the iPad minis as well as the exposure to hacking and security threats that older operating systems allow.

If you are looking at purchasing a device for your child did you know that your child receives a discount on all products sold at the Apple store? You can receive a 4-5% discount on iPads, as well as 5-10% discount of covers, and accessories, plus 15% off Apple Care. For example: A Sphero receives a 10% discount when purchased for a CEDP (Parramatta Diocese) student. To be able to claim the discount all you need is your child's school email address as verification. The email will have a domain name ending in @parrastu.catholic.edu.au. The Apple store will also set up your iPad and provide training and assistance. You can also book in sessions with support and even work with an Apple technician using face time in the comfort of your own home.

Another option for families is to purchase a Chromebook device which is supported by our network. Chromebooks are a specific Google device which use Google Apps in a similar way to iPad devices. These devices are somewhat less expensive than iPads.

Colour Fun Run

Congratulations to all the students for their participation and enthusiasm for our Colour Fun Run Day this week. The day was a great success and everyone had a colourful time. Thanks to the many parents who made themselves available to support this fundraising event. We are always grateful for your presence with us. Also I would like to acknowledge Mrs Brand's organisation of the activities and to our Office ladies for so much of the behind the scenes work which goes largely unnoticed. The collection of the money raised is the next important step and the selection of prizes for the amount collected.

Please have all money to school by 8th November.



Chicken Pox

There have been several reports of chickenpox recently in Year 2 and Year 3.

Signs and Symptoms: Chicken pox is one of the most highly contagious childhood diseases. Early signs and symptoms include sudden onset of slight fever, a vague feeling of body weakness or discomfort (malaise) and loss of appetite.

Within 24 hours an itchy rash begins on the back and chest, then spreads to the face and other areas. This progresses to a red elevated pimple-like rash that breaks, drains and forms scabs for 3 to 4 days.

The skin rash goes through typical stages: flat red spots, raised spots, small blisters and crusting blisters.

Should your child present any of these symptoms, we recommend that you consult your family health care provider.

ST MATTHEW'S CATHOLIC CHURCH

12 Tebbutt Street, Windsor



MASS TIMES

Monday - Saturday: 9.00am

(Thursday Hospital): 10.45am

Saturday Vigil: 6.00pm

Sunday: 7.30am, 9.00am & 5.00pm

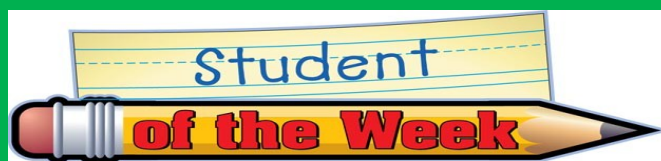
SUNDAY CHISHOLM PRIMARY MASS: 9.30am

INDIVIDUAL RECONCILIATION

Saturday: 9.30-10.30am

Telephone: 4577 3073

Office Hrs: 9.30am-4.00pm ~ stmcc@tpg.com.au



Kinder	Tycho Grant- Fantastic effort in reading and writing. Jenson Lees- for his hard work in reading groups. Levi Walsh- for his consistent effort in reading groups. Oliver Pullen- for his detailed holiday recount.
Year 1	Zach Baldacchino - For creating interesting sentence STEM's in his writing. Zahlia Baldacchino - For developing a thoughtful and creative acrostic poem about her pen pal. Anthony El Hindy - For demonstrating a growth mindset when approaching challenging mathematics tasks. Lauren Kesby - For developing a thoughtful and creative acrostic poem about her pen pal.
Year 2	Sarah Beattie - for showing excellent focus and for writing a detailed procedure. Indiana Charles - for showing excellent focus and concentration in all areas of her learning. Gabriel Lahoud - for being a responsible and respectful class member and continued effort to his learning. Jacob Dimech - for being a responsible and respectful class member and continued effort to his learning.
Year 3	Andrew Xie - For working co-operatively to complete their STEM task. Jordan Ide - For working co-operatively to complete their STEM task. Ashton Vista - For working co-operatively to complete their STEM task. Cooper Naylor - For working co-operatively to complete their STEM task.
Year 4	Gabriel Birdsey - A big improvement in his use of paragraphs when writing. Jack Bond - For writing a persuasive text about why junk food should be banned from school. Natalia Lupi - For persevering with challenging tasks involving multiplication and using varied strategies.
Stage 3 Blue	Stephanie Dimech - for striving to do her best and responding to feedback. Bronte Naylor - working hard to add more details to her writing and responses. Juliana Zambrano- Chung - logically recording her working out in maths and persisting with challenging tasks.
Stage 3 Gold	Brayden Haines: persevering with challenging maths tasks. Simon Su - for using a variety of strategies to solve addition and subtraction problems. Kurt Seget - application to his work across all key learning areas.
Stage 3 White	Logan McCabe - for improvement in solving addition and subtraction problems. Marianna Palazzolo - for her enthusiasm and continued effort in writing tasks. Christopher Xiberras - for working collaboratively with others and contributing his ideas.

Greetings St Matthew's School Community!

School/ Parish Mass

On Sunday the 4th of November, at 6pm, we are having our last School/ Parish Mass for the year. This is a great opportunity to come together with your family to celebrate our community of school and parish. Everyone is invited to join us.

We need students to participate in many ministries- including music, reading, the liturgical movement and altar servers. Please consider coming along and celebrate the year in friendship and prayer.

First Penance

Congratulations to all the students who have made their First Penance. This has been a very successful program where families came together and learnt about forgiveness, God's love and healing. Thank you to all these families who made a commitment to their children and this program and were so active in sharing their knowledge and faith with other members of our parish. May Jesus bless you and your families.

Social Justice-

Every class at St Matthew's is learning about Mission and Social Justice. They are learning about God's love and how we have the responsibility to love, care for and help others in need.

"The entire law of the Gospel is contained in the "new commandment" of Jesus, to love one another as he has loved us.' (CCC 1970). For Christians, mission and love are bound up in relationship, knowledge and service.
(Sharing Our Story, Mission Unit)

All Saints Day

Next Wednesday – 1st of November- is All Saints Day. The students at St Matthew's will be attending the Parish Mass at 9.00 am. You are all welcome to join us in prayer.

All Souls Day

On Thursday, the 2nd of November it is All Souls Day. We pray for all our family members, friends and all who have died. We pray for all the faithful departed- that they all may soon share the glory of heaven.

Next Sunday's Gospel: Matthew 22: 34- 40

" Which commandment of the law is the greatest?"

"You shall love the Lord with everything in you and you shall love your neighbour as yourself."

God Bless.

Ann Climpson

Jesus in our hearts – Forever!

St Matthew- Pray for us.

Dates to remember-

Saturday, 4th of November: Whole School Parish / School Mass at 6pm.

Sport News



Congratulations to Max Turner (Year 4) for qualifying for the Parramatta Diocese **Water Polo Gala Day team**. We wish you all the best on your day and could not be more proud to have you represent our school and the Diocese.

BOOTCAMP Every thursday morning before school 8:00 am - 8:30 am



At Bootcamp we will continue working on our fitness skills every Thursday morning with fun innovative ways to get fit, stay fit and be active!! This is optional and families do not have to commit to each and every week, however, it is a great opportunity to get active and get the body and brain active before the school day begins!

Week 5

? Stage 2 & 3 League Tag Gala Day Wednesday November 8 in Parramatta.



Just a reminder the notes for the League Tag Gala day are due back. We will be taking the bus on the day but would love some parent helpers to help manage teams. If you prefer to take the bus with us there is plenty of room.



Week 10

? St Matthew's Swimming Carnival Wednesday December 13 2017. Notes will be coming home in the next week or so. Please keep in mind that if your child is turning 8 - 13 years of age in **2018** and are competent swimmers they are able to compete in the 50m and 100m races and a possible place on your 2018 Zone Swimming team.

2018 Parramatta Diocese Team Sport Trials

*This information only affects students currently in **Year 4 or Year 5** who are enrolled to attend St Matthew's again next year.*

Dear Parents,

Parramatta Diocesan Primary students enrolled in Year 5 and 6 in 2018 are invited to participate in the Parramatta Diocesan Team Sport Trials during Term Four in 2017 and Term One in 2018. It is important to note that these trials are generally for those children who display an **above average ability and/or have representative experience in their chosen sport**. While teams are open in age it is strongly recommended that only children of a representative standard in years 5 & 6 in 2018 be invited to attend. To facilitate this, Parramatta Diocesan trials will be held in the following sports:

Sport	Age Group	Trial Date	Registration Closing Date
AFL	Open Boys & Girls	Term 1 2018	Friday 2nd Feb 2018
BASKETBALL	Open Boys & Girls	Nov 14 2017	Friday 27th Oct 2017
CRICKET	Open Boys & Girls	Term 1 2018	Friday 2nd Feb 2018
DIVING	10/11 Boys & Girls & 12/13 Boys & Girls	Term 1 2018	Registration via CSSS 2018
FOOTBALL (SOCCER)	Open Boys & Girls	Term 1 2018	Friday 2nd Feb 2018
GOLF	Open Boys & Girls	Term 3 2018	Registration via CSSS 2018
HOCKEY	Open Boys & Girls	Term 1 2018	Friday 2nd Feb 2018
NETBALL	Open Girls	Term 1 2018	Friday 2nd Feb 2018
RUGBY LEAGUE	Open Boys & Boys 11 yrs	Term 1 2018	Friday 2nd Feb 2018
RUGBY UNION	Open Boys	Term 1 2018	Friday 2nd Feb 2018
SOFTBALL	Open Boys & Girls	Term 1 2018	Friday 2nd Feb 2018
TENNIS	Open Boys & Girls	Nov 20 2017	Friday 27th Oct 2017
TOUCH	Open Boys & Girls	Term 1 2018	Friday 2nd Feb 2018


If you would like your child to participate in one of the Parramatta Diocesan trials please complete the Team Online Registration Form that can be accessed via the website www.primarysportparra.catholic.edu.au ~ Click on "REP SELECTIONS" tab and scroll down to the SPORT you wish to register for and click on the "REGISTER" button below the heading "PDCPSSC Expression of Interest Registration Form".

NOMINATIONS close Friday 27th October 2017 for the sports of Basketball & Tennis and entries close Friday 2nd February 2018 for all other sports.

Mrs Brand

Why is breakfast important?

- ? Children who miss breakfast are often reported as having poor behaviour and poor concentration,
- ? Children who miss breakfast are often unable to meet their daily nutrient requirements.
- ? Children who miss breakfast are more likely to have a greater risk of being overweight or obese.
- ? Eating breakfast helps children learn and establish healthy eating habits early in life.



A healthy heart starts with a healthy breakfast.

Make sure your child's breakfast includes 3 of the food groups.

Be sure your family fuels up with a healthy breakfast everyday.

Steps to Success

help keep our kids safe

Obey traffic signs In School Zones at all times



**Council's Parking Compliance
Officers are enforcing parking
regulations at your school**

There are now increased penalties and demerit points associated with these common speeding and parking offences in School Zones.



No Parking

You have no more than 2 minutes for drop-offs or pick-ups and must stay within 3 meters of your vehicle.



No Stopping

Under no circumstances are you permitted to stop on a length of road to which a No Stopping Sign applies.



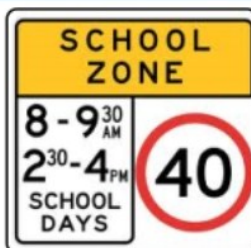
Bus Zone

You must not stop your vehicle in the indicated zone unless you are driving a public bus.



Mobile Phone Use

Drive using a hand held mobile phone in a School Zone.



Speeding Offences

There has been an increase to the monetary fine and number of demerit points applicable to Speeding Offences in School Zones.



Stop on path or nature strip or across driveway

\$183 + 2 demerit points

DOUBLE PARK

\$330 + 2 demerit points

Fines current as of July 2017

Fines and demerit point are subject to change

View the current demerit point and offences list at

<http://www.rms.nsw.gov.au/documents/roads/safety-rules/demerits-school.pdf>



catholic out of school hours care

CHRISTMAS 2017 AND JANUARY 2018: COSHC OPERATION DATES

To assist COSHC families in planning their education and care needs over the Christmas closure period and to plan bookings for Vacation Care in January 2018, a calendar of Closure Dates and Operational Dates has been issued to all families enrolled with COSHC.

COSHC WILL BE CLOSED ON:

- Monday, 18 December 2017 and Tuesday, 19 December, 2017. COSHC staff will be participating in professional development in line with teachers and school staff.
- The Early Learning and Care team will be on annual leave from 22 December, 2017 to 5 January 2018. COSHC will not be operating during these days.
- COSHC will be closed on Australia Day, 26 January, 2018
- COSHC will be closed on Monday, 29 January 2018 for professional development of staff.

FAMILIES, PLEASE NOTE:

1. Christmas Closure

The last day of operation of COSHC services will be Friday, 15 December 2017.

2. January Vacation Care

The COSHC Summer Vacation Care Program commences on Monday, 8 January, 2018 to Thursday 25 January 2018.

3. 2018 Commencement of COSHC operations for Before- and After-School programs

COSHC will re-open on Tuesday, 30 January, 2018.

CELEBRATING
THE OPENING OF LITHGOWS
NEWEST CONTEMPORARY ART SPACE
AND ARTISTS STUDIO

GANG GANG
gallery

SHOWCASING
REGIONAL & NATIONAL ARTISTS
SUPPORTING BOTH CELEBRATED AND NEW ARTISTS

OPEN TO THE PUBLIC FROM
SUNDAY 22ND OCTOBER 2017
206 MAIN STREET LITHGOW
(OPPOSITE QUEEN ELIZABETH PARK)

OPENING HOURS
FRIDAY - SATURDAY - SUNDAY 10AM - 4PM
MONDAY 10AM - 3PM

Uniform Shop Hours

Friday 9:00 am - 12 noon

Uniform orders for socks, bags and hats can be placed at the front office or the form can be downloaded from the website.

Amanda will be able to assist you on Fridays only between the hours of 9:00 am & 12 noon.

Oz fashions has a new app QKR see instructions below



- Red Robin Only -

SOCK SALE

Limited
Stock

\$9 / 3pk

SCHOOL UNIFORM SHOP OZ FASHIONS

We are now using the Qkr app for all online uniform orders.

Please follow all instructions on the flyer below to download the app and set up your account.

Delivery will be every Friday and orders must be placed by Monday 4pm for that week's delivery.

Try on samples are at the school for your convenience. Please try on the sizes before ordering to avoid disappointment.

If you have any enquires please email Elle elle@ozfashions.com.au

**masterpass**

For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

Search for our school name

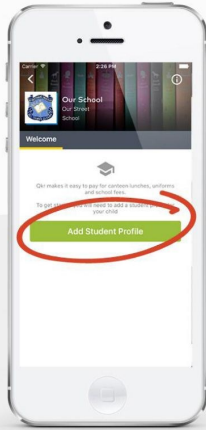




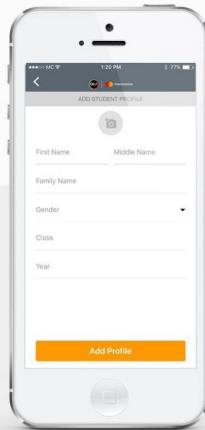
masterpass

Add your children's details in Student Profiles

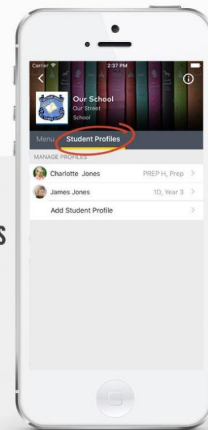
Select
'Add student profile'



Add each
child's details

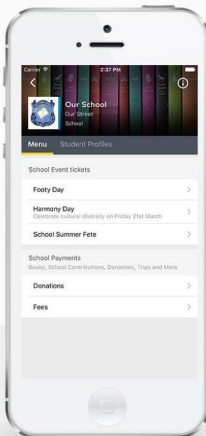


Manage each
child's details in
Student Profiles

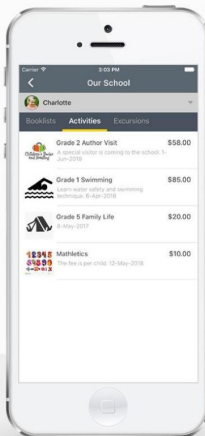


Purchase school items

Select a menu
from our school

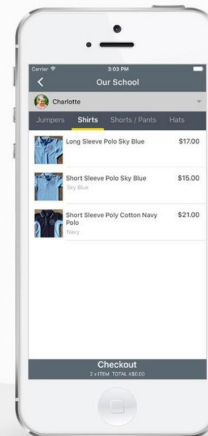


Select child
you are
ordering for



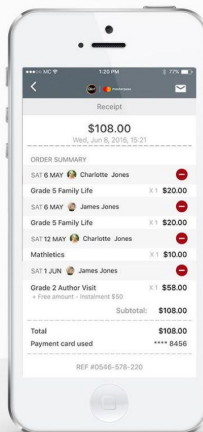
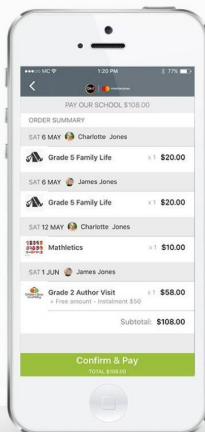
Select your items

Tap 'Checkout'
then confirm and pay



Making payments

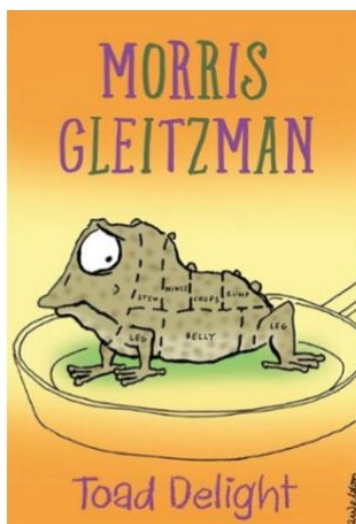
Add up to 5 cards to your wallet



At checkout select which card to
pay with.

Pay with any cards accepted
by the school.

Once your payment is approved you
can continue to the home page, or
view your receipt.



<https://goo.gl/sUaypy>

Suitable for years 4 - 6

Limp continues his quest to improve the reputation of cane toads. What if he could influence toads to eat less (for example Goliath has eaten the last of the storm beetles so now there is no forewarning of storms) and for humans to learn to eat Toad Delight, also known as toad froth?

The jaw-dropping details of one slightly squashed cane toad's adventures on TV. And his shock when he discovers what's cooking.

via Student eBook Platform



catholic out of school hours care
2018 ENROLMENT APPLICATION FORM



learning exchange

COSHC TO
AFFIX
PHOTO OF
CHILD IN
SCHOOL
UNIFORM 1ST
DAY

COSHC Centre: _____

CHILD'S NAME: _____

DAYS REQUESTED: BSC: ☐ Monday ☐ Tuesday ☐ Wednesday ☐ Thursday ☐ Friday
ASC: ☐ Monday ☐ Tuesday ☐ Wednesday ☐ Thursday ☐ Friday

Additional notes: _____

COMMENCEMENT DATE: ____/____/____ Class: _____

Does your child have any siblings? ☐ Yes ☐ No If yes, please give details

How many children in total do you have attending registered childcare? _____

Enrolment procedure

You will need to complete a COSHC Application for Enrolment Form. The information required on this enrolment form conforms to the requirements of the Education and Care Services National Regulations 2011, Public Health Act 2010 and the Privacy Act 1988.

The Administration Fee is a non-refundable fee of \$50 per child payable on initial enrolment. (This is a one off fee and will not be charged annually). The Attendance Fee is a sessional fee invoiced fortnightly in advance.

Bishop Office

Represent our Diocese: Share your Wisdom

Bishop Vincent Long OFM Conv is calling for greater participation of lay people through new advisory councils. Please consider nominating or encourage someone you know. Details, including the nomination kit, are available from parracatholic.org/advisory councils or by contacting Tanya from the Diocesan Ministry Centre on 02 8838 3460. Nominations close on Sunday, 5 November 2017.

Diocesan Liturgy Conference 2017

The Diocesan Liturgy Conference will be held on Saturday 4 November at St Andrew's Parish, Marayong. The conference, 'Liturgy: The Living Presence of Christ' is an excellent opportunity to gather together as a Diocese and explore the Presence of Christ in Liturgy. Day includes Keynote Speaker and various workshops including: Music and copyright, Bringing Christ to the Sick, Scripture and the Season of Advent, Sacraments of Initiation – a Field Perspective., organising a Mass- Ordos, Missals and Lectionaries. For more information go to: parracatholic.org/ofw or Office for Worship ivergano@parra.catholic.org.au

Pre-marriage preparation

The Life Marriage & Family Office in the Diocese of Parramatta has now launched an online booking system, allowing couples to enrol for pre-marriage preparation programs and to pay by credit card. Couples will be guided on the website to the most appropriate form of preparation, i.e., the Pre-Marriage Weekend Course (Friday evening & Sunday) or Prepare/Enrich, an individual couple preparation with face to face feedback sessions. Both preparations are designed to strengthen and enrich the couple's relationship and work on building a rewarding life together. Bookings may be made and dates chosen by visiting our website www.parracatholic.org/pmp

Enquiries may be made to our office on 8838 3460 or email lmf@parra.catholic.org.au.

Grief to Grace – Healing the Wounds of Abuse

Grief to Grace – Healing the Wounds of Abuse is a spiritual retreat for anyone who has suffered degradation or violation through physical, emotional, sexual or spiritual abuse. The retreat will be held April 8th – 13th 2018. To request an application contact Anne by emailing info@griegtogracesaus.org.au or phone 0407704539. For more information visit www.griegtogracesaus.org

Holy Hour for Vocations: 2 November

The Sisters of the Holy Family of Nazareth cordially invite YOUTH (ages 18-35) to join us for Holy Hour for Vocations. Thursday, 2nd November 2017, at 7:00 pm. Join us also for pizza at 8:00pm. Holy Spirit Convent, 120 Capuchin Way, Plumpton. RSVP: Sr Paula by 28th June, email: vocationscsfn@gmail.com or mobile 0449 656 406.

Rachel's Vineyard Healing Retreat: 3-5 November

This weekend retreat in Sydney is designed to bring psychological and spiritual healing to anyone who has been affected by an abortion experience including women, men, couples and grandparents. Rachel's Vineyard Ministries Australia is supported by the Australian Catholic Bishops Conference. Confidential inquiries: tel or SMS 0400 092 555, info@rachelsvineyard.org.au For more information visit: www.rachelsvineyard.org.au

Mass in the African tradition: 5 November

Join us as we celebrate Mass in the African tradition. Very Rev Peter G Williams will celebrate Mass at 2.00pm at Mary, Queen of the Family Parish, 51-59 Allawah Street Blacktown. Contact Stella Nwosu 0405 478 472.

Seminar for Couples hoping to conceive: 12 November

Waiting for Gabriel is a seminar allowing couples to hear about Restorative Reproductive Medicine and natural methods of achieving pregnancy that are more successful than IVF. This topic is of particular interest to couples that are trying to conceive a child where they may have infertility issues and are seeking medical intervention to help them.

Hear from trained professionals on the different methods of Natural Fertility Awareness which are used in conjunction with NaPro Technology (Natural Procreative Technology). There will be guest couples' testimonies and the opportunity for questions. Afternoon tea will be catered. Sunday, 12th November 2017, 1:30pm-4:00pm at the Institute for Mission (IFM), 1-5 Marion St, Blacktown. To reserve your place, please RSVP to nfs@parra.catholic.org.au or 8838 3460. For more information about the event, visit www.parralmf.org.au/nfs

Nigerian Mass in Igbo: 12 November

Rev Fr Chukwunonyerem Akamadu, Chaplain to the Nigerian Catholic community, will celebrate Mass at 11.30am at Our Lady Queen of Peace Parish, 198 Old Prospect Road, Greystanes. Contact Fr Akamadu tel 0451 174 438, Stella Nwosu 0405 478 472.

St Philomena Association Holy Mass: 18 November

St John Vianney was very devoted to St Philomena. Pope Gregory XVI called her "the great wonder worker". Mass at noon with Confession from 11.30am: St John Vianney's Church, 17 Cameron St, Doonside. A short walk north from Doonside station, the one past Blacktown. Please bring a snack to share. Elizabeth tel or text 0423 15 44 63, epeoples9@gmail.com Facebook: Libby Peoples (events)

Holy Hour for Vocations: 24 November

Everyone is welcome to join the Holy Hour for Vocations from 6:30pm-7.30pm for an hour of adoration, prayer, music and quiet time at Our Lady of the Rosary Parish, St Marys. For information about priesthood in the Diocese of Parramatta and Holy Spirit Seminary, please contact Fr John Paul Escarlan, Director of Priestly Vocations, vocations@parra.catholic.org.au

Shrine Time for Young Adults 18-35: 26 November

One Holy Hour with prayer, reflection, meditation, praise & worship. 2017 is devoted to Praying for Vocations and Devotion to Mary as per our Holy Father's intentions for WYD 2018 in Panama. From 7.30pm-8.30pm followed by social gathering.

Mary, honoured as the Mother Thrice Admirable, offers 3 graces in the Shrine, this monthly event is a unique opportunity to experience them regularly: Discover your HOME in the hearts of Jesus and Mary; See breakthrough TRANSFORMATION in your life; and Get your spiritual boost to be an authentic WITNESS. In the Shrine at Mount Schoenstatt, 230 Fairlight Road, Mulgoa.

Worldwide Marriage Encounter Weekend: 24-26 November

A Worldwide Marriage Encounter Weekend is a Marriage Enrichment experience for married couples – set in peaceful, picturesque surroundings, away from the distractions of everyday life. During the weekend, couples have a unique opportunity to reconnect, rekindle and refresh their relationship. Take time out of your busy schedule, to invest in your most precious asset . . . your Marriage! Weekend date: 24th -26th November, at Mt Carmel Retreat Centre, Varroville, NSW. Bookings online at www.wwme.org.au or Adrian and Janet Sullivan: on 0490 774 419 or adrian.janet1@bigpond.com

Discernment to the Permanent Diaconate: 26 November

Come and learn more about vocations to the Diaconate and have a chat with our team members. We are looking for men aged between 35 to 55 and residing in the Diocese of Parramatta. Our discernment program consists of five sessions, with each session dealing with different aspects of the Diaconate. This is the fifth session of the 2017 program. Subsequent sessions will be announced in due course. Venue: St. John 23rd Parish, 160 Perfection Ave, Stanhope Gardens, NSW 2768. Time: 3:30 to 6 pm (including Mass and fellowship).

For further information visit <http://parracatholic.org/permanent-diaconate/> please contact any of the following deacons: Deacon James - deacon@stanthonyschurch.org.au, Deacon Tan - deacontan@john23rd.org.au or



FUTURE SCHOOLS! FUTURE READY! WHERE TO NEXT?



Monday, 13 November 2017

**The Parent Representative Council Diocese of Parramatta
welcomes**

Mr Mark Holyoake

DIRECTOR OF ENTERPRISE – CATHOLIC EDUCATION DIOCESE PARRAMATTA

Term 4 PRC Meeting

Where: Diocesan Assembly Centre, Cnr Flushcombe Rd and Marion St, Blacktown NSW

When: 6:30pm for 7:00pm start

(PRC General Meeting will be held prior to our speaker session)

**Register FREE at PRCParra on Facebook or at
<https://goo.gl/forms/m7vK9Tv210A0ogLf2>**



Parents Representative Council
SUPPORT | CELEBRATE | EDUCATE



TUCKSHOP2U
HEALTHY - AFFORDABLE - CONVENIENT

www.tuckshop2u.com.au



www.floralexpressions.com.au



Tools for Parents®

Richmond Community Services Inc. is pleased to be able to offer a **FREE** group with **FREE** childcare
For parents/primary carers of children 0-12 years

His, Hers, Ours— Making Step-Families Work

This workshop will help you explore the changes and challenges involved in forming a stepfamily and work towards strengthening family relationships. Topics include looking at stages in forming a stepfamily, differences between step-families and 'first' families and some problem solving strategies



**Wednesday 8th November 2017
6.30-9pm**

BOOKING ESSENTIAL! 02 4588 3555

Email: admin@rcsi.ngo.org.au

At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753

The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project — to provide free workshops and ongoing courses designed to help parents/primary carers of children 0–12 years develop better relationships between themselves and with their children — and to enhance parenting skills. Richmond Community Services Inc. purchases group and workshop facilitation from Windsor Professional Centre and childcare services from Hawkesbury Community Outreach Mobile Minders Service for the project and is delighted to offer them free to participants.



Richmond Community Services Inc. in partnership with Windsor Professional Centre is pleased to be able to offer a **FREE** group for parents/primary carers

Parenting in the Digital Age



Parenting today brings new challenges related to the use of technology in the home. This group recognises the struggle that many parents have with controlling their children's use of technology and gives ideas to improve parents' capacity to manage this. The group will cover:



- Screen time – what is appropriate for different age groups
- Social media – safety online
- Gaming and addictive behaviours – neurological impact on children's brains
- Positive ways of engaging children with technology
- How to keep limits and boundaries- use of consequences and other tips
- Modelling best practise as adults



Weds 29th November 2017—6.30-9pm

BOOKING ESSENTIAL! 02 4588 3555

Email: admin@rcsi.ngo.org.au

At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753



Richmond Community Services Inc. in partnership with Windsor Professional Centre is pleased to be able to offer a **FREE** group for parents/primary carers

Supporting Your Teen Through High School



Going to high school is a challenging time for many young people, particularly those who have disabilities or have experienced major change in their family life. This group strengthens the confidence of parents to support their teens in this new stage of life. The group will cover:



- Transitioning skills from primary to high school
- Developmental tasks of adolescence
- Helping your child with peer friendships and confidence
- Addressing bullying and homework concerns
- Communicating effectively with school authorities
- Where to get extra help

Weds 21st February 2018—6.30-9pm

BOOKING ESSENTIAL! 02 4588 3555

Email: admin@rcsi.ngo.org.au

At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753



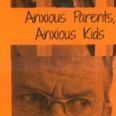
Richmond Community Services Inc. in partnership with Windsor Professional Centre is pleased to be able to offer a **FREE** group for parents with anxiety

Parenting With Anxiety

For parents who struggle with anxiety whilst caring for children in their home this workshop will provide tools and insights to prevent their own high levels of anxiety impacting on their parenting. The group will cover:



- Warning signs parent anxiety is affecting children
- Sorting out when anxiety levels are appropriate and when they are not
- Recognising common thinking errors that increase anxiety
- Self-talk and other techniques to reduce anxiety
- Structuring home environments and expectations to reduce anxiety
- Web resources and where to go to get extra help



Weds 1st November 2017—6.30-9pm

BOOKING ESSENTIAL! 02 4588 3555

Email: admin@rcsi.ngo.org.au

At: Richmond Neighbourhood Centre
20 West Market Street, Richmond, NSW 2753



Peppercorn Family Services

Term 4, 2017

WATER SAFETY ESSENTIALS

With Summer and Swimming season fast approaching, we have compiled some tips for you to keep your children safe around water.

SUPERVISE

Active supervision is essential in protecting your children from drowning.

Active supervision means that a child is being constantly watched by an adult who is within arm's reach at all time.

If you need to leave the area, take your child with you.

When in the water, your child needs all of your attention, all of the time.

RESTRICT ACCESS

Visit www.homepoolsafety.com.au for a home pool safety checklist that will help you to maintain your fence, and keep it in good working order.

Creating a barrier between your child and the water is one of the most effective ways to prevent drowning.

WATER AWARENESS

Swimming lessons & flotation devices are no substitute for supervision.

Helping your child familiarise themselves with water can be fun for both you and your child.

Help to educate your child about water, and develop lifelong skills together.

Remember, always Keep Watch when children are in, on or around water.



RESUSCITATE

Resuscitation is a skill for life.

Royal Life Saving runs resuscitation courses. Enrol & Update your skills every year. Information about Resuscitation courses can be found at www.royallifesafety.com.au

Call 000 in an emergency.

Further information is available at www.keepwatch.com.au or by calling (02) 9634 3700

Information Taken From:

<https://www.royallifesaving.com.au/families/at-home/toddler-drowning-prevention>

familiesnsw
supporting families to raise children

Peppercorn Family Services
South Windsor Family Centre
6 Greenhills Way, SOUTH WINDSOR NSW 2756
(02) 4577 9804 dropin@psinc.com.au



Calendar of Events

Term 4, 2017

Family Portrait Fundraising

When: Saturday November 25th
Where: South Windsor Family Centre
Cost: \$20.00
Registrations Essential.
 Contact Maree on 4577 9804 or
dropin@psinc.com.au for more
 information.



STEPS 4 year old Eyesight Screening



STEPS will be visiting South Windsor Family Centre to conduct FREE eyesight screening assessments for 4 year old's.
Registrations Essential.
 If you would like your child to have an eye and vision assessment through STEPS, please contact us on 4577 9804 or email dropin@psinc.com.au

Playgroups

During School Term
South Windsor
 Thursday 9.15am - 11.00am
South Windsor Family Centre
 Tuesday 9.30am - 11.00am
 Friday 9.30am - 11.00am



Triple P Parenting Seminars

When: Tuesdays 14th, 21st & 28th November
Time: 10am—12pm **Cost:** Free
Where: Bligh Park

Parents can attend any or all of the interactive seminars offered.

(Child minding available—gold coin donation)

Please call 4577 9804 or email dropin@psinc.com.au for more information & to register—registrations close 7th November, 2017.

FREE

Craft in the Park

Join us for FREE weekly afternoon activities
Now On Tuesdays
 2: 45— 4:00 pm
 Starting October 10th, 2017
 McLeod Park—South Windsor
 No booking required

Family Support

Family Support is a Home and Centre based support service available to families in the Hawkesbury region.

Family support is a tailored program that may be beneficial in strengthening families, gaining access to services, to support with health or behavioural needs and address any concerns that you may have about your family.

To find out more, contact Peppercorn Family Services on 4577 9804, or email dropin@psinc.com.au.

Christmas Brunch

Free Christmas food & entertainment for parents, carers & children

When: Tuesday 5th December, 2017
 10:30 am—12:30 pm
Where: South Windsor Family Centre

More Information to follow.



For More Information:

Call (02) 4577 9804 or email us at dropin@psinc.com.au